



Lebanese Psychiatric Society

Free
Attendance

MENTAL HEALTH CONGRESS 2022

MENTAL HEALTH OF THE
LEBANESE IN 2022
INFORMATION,
INTERVENTIONS AND HOPE

Date: Friday 2nd and Saturday 3rd
December 2022

Location: Beit El-Tabeeb, Lebanese
Order of Physicians HQ

CME Points in process



DAY 1: FRIDAY DECEMBER 2ND, PM

Conference
Agenda

ILL-BEING

Timing	Topic	Presenters
3:30-3:45 PM	Opening Remarks	Congress Chairpersons: Dr. Josyan Madi-Skaff Dr. Charles Baddoura
3:45- 4:00 PM		President of LPS: Dr. Joseph El-Khoury President of LOP: Dr. Youssef Bakhache
	The John Fayyad Research Award	
Session I: The Beirut Port Blast		Moderators Dr. Joseph El-Khoury Dr. Elie Karam
4:00-5:00 PM	Predictors and severity of probable acute stress disorder following the Beirut Port Blast	Dr. Elie Karam St. Georges University
	Anxiety, depression and PTSD in children and adolescents following the Beirut Port Blast	Dr. Fadi Maalouf American University of Beirut Medical Center
	Depression, anxiety and suicidality, and PTSD in hemodialysis patients following the Beirut Port Blast	Dr. Rita Khoury American University of Beirut Medical Center
Session II: The Economic Crisis		Moderators Dr. Sami Richa Dr. Adel Akel
5:00-6:00 PM	Gender-Based Violence/ Violence in Society	Ghida Anani ABAAD
	Emigration: Impact on individuals and families	Dr. Caroline Tarraf
	The Lebanese Mental Health Reform amidst the multiple crises Challenges, Successes and Lessons learned	Dr. Rabih El Chammay MOPH
6:00-6:20 PM	Coffee Break	
6:20-6:40 PM	Industry Symposium: Esketamine Janssen	
Session III: The Lockdown In collaboration with the Lebanese Order of Psychologists		Moderators Dr. Alia Sarkis Dr. Fadi Maalouf
6:40-7:40 PM	Advances in Telepsychiatry, Challenges and Outcomes	Dr. Charline Hachem Université Saint Joseph de Beyrouth
	Couples during the COVID-19 pandemic: challenges and lessons learned	Dr. Brigitte Khoury LOPSY
	Schooling during the pandemic: students, parents, and teachers	Dr. Leila Dirani LOPSY



WELL-BEING

Timing	Topic	Presenters
Session I: Alternative Therapies		Moderators Dr. Charline Hachem Dr. Mohammad Hashash
9:00-9:40 AM	Updates in Neuromodulation and rTMS in psychiatric disorders	Dr. Farid Talih American University of Beirut Medical Center
	Ketamine, and Psylocibin	Dr. Georges Karam St. Georges University
Session II: Prevention		Moderators Dr. Hana Azar Chahine Dr. Georges Haddad
9:40-10:40 AM	Secondary Prevention for Youth at Risk of Developing Post-Traumatic Stress Symptoms: The Child and Family Traumatic Stress Intervention	Dr. Hala Kerbage Université Saint Joseph de Beyrouth
	La Source des Femmes : groupes de paroles pour les mères d'adolescent(e)s en milieu scolaire	Katia Wehbe Collège Notre Dame de Jamhour
	Factors associated with general well-being among Lebanese adults: The role of emotional intelligence, fear of COVID, healthy lifestyle, coping strategies (avoidance and approach)	Dr. Sahar Obeid LAU
10:40-11:00 AM	Coffee Break	
Session III: Interventions		Moderators Dr. Charles Baddoura Dr. Elias Chedid
11:00-12:00 PM	Experience of teaching and testimony of university students on mindfulness	Dr. Daoud Matta
	Effectiveness of group art therapy for teenagers in time of crisis	Nadine Zakaria Deir El Salib
	Assessing mental health and general well-being from the level of the Transcendent	Susan Hamza
Session IV: Psychiatric/psychological first aid & Community Centers		Moderators Dr. Rabih El Chammay Dr. Josyan Madi-Skaff
12:00-13:00 PM	ORDRE DE MALTE: Geographical Accessibility of Psychiatric Services AMEL: Geographical Accessibility of Psychiatric Services EMBRACE: Suicide Prevention AFMM: Hospital Admissions CARITAS: Domestic Violence HIMAYA: Children Protection IDRAAC: Psycho Geriatric care and Home Visits AUBMC: Psychiatric Consultations	
Message of Hope		
13:00-13:20 PM	Discussion with Mr. Georges Khabbaz Writer and Comedian	
13:20-13:30 PM	Closing Remarks	Dr. Josyan Madi-Skaff Dr. Charles Baddoura



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